



***Marauder Aquatic Club***  
*2011 CPAL AA Division Champion*

*Guiding and Developing Champions in the Pool and Beyond!*  
[www.marauderaquaticclub.org](http://www.marauderaquaticclub.org)

**2011 - 2012 Registration Packet**

**Overview**

Marauder Aquatic Club is a competitive swimming club that competes in both dual meets through the CPAL League and in USA swimming meets. At Marauder, we strive to teach proper technique and racing strategies vital for great competitive swimming, while at the same time offering year round swimming, top notch coaching, and competitive opportunities for those that are looking to take it to the next level in the sport. At the same time, we strive to develop the whole athlete and make them good leaders and role models as well as swimmers. Our swimmers benefit from a swimmer to coach ratio of about 8 to 1, to allow each child the proper amount of attention both during practice and competition.

**Mission**

Marauder Aquatic Club is a competitive swim club that provides a fun and competitive environment for all swimmers, regardless of age and ability, and the opportunity to reach their personal potential both as a swimmer and a human being. We are committed to helping children grow in character, leadership, and integrity through the sport of swimming.

**For more information**

For more information or any other questions, please contact Head Coach, Kyle Almoney at 717-872-3872 or [KAlmoney@millersville.edu](mailto:KAlmoney@millersville.edu). In order to make sure that our swimmer to coach ratio meets our goal and so that each swimmer gets the right amount of attention, we are limiting our registration this year to 90 swimmers for the upcoming season.

## **Marauder Practice Groups**

### **Beginner: Practice Starts September 13<sup>th</sup> for this group**

Dates	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9/13-4/1	Off	5:00-6:00	Off	5:00-6:00	Off	11:00-12:00

For swimmers that are first year swimmers or are just learning competitive swimming, we offer our beginner program that will ease swimmers into competitive swimming. The focus in the group is strictly technique and learning the basics of competitive swimming. If deemed ready, swimmers can participate in dual meets and select “mini” meets. This group is for swimmers 8 and younger only and will only meet 3 times per week. Swimmers should try to attend at least 2 practices per week.

### **Novice: Practice Starts September 12<sup>th</sup> for this group**

Dates	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9/12-4/1	5:00-6:15	Off	5:00-6:15	Off	5:00-6:15	11:00-12:00

For swimmers who are 10 years or younger with some experience in competitive swimming. Time spent in this level is primarily given to educating and teaching proper stroke technique that will build the foundation for correct strokes. The more advanced swimmers in this group will also learn beginning racing techniques that will help them as they progress. Swimmers at this level will participate in dual meets, league invitational meets and select USA invitational meets. Swimmers in this group are encouraged to make 3 practices per week to enable continuity in training.

### **Black: Practice Starts September 12<sup>th</sup> for this group**

Dates	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9/12-4/1	6:00-7:30	6:00-7:30	6:00-7:30	6:00-7:30	6:00-7:30	11:00-12:00

For ages 9 to 12, the Black group builds upon the foundation of proper stroke technique with proper racing habits and practice habits that will help them advance in swimming and reach their personal best. We also begin to instill goal-setting and to work toward accomplishing these goals both in and out of the pool. Age-appropriate dryland utilizing bodyweight is incorporated into practices. Swimmers at this level participate in dual meets, local and regional invitational meets, as well as USA invitational meets. Swimmers must make a minimum of 4 practices per week (Highly Recommended)

### **Gold: Practice Starts September 5<sup>th</sup> for this group**

Dates	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9/5-4/1	6:00-8:00	6:00-8:00	6:00-8:00	6:00-8:00	6:00-8:00	9:00-11:00

For 6<sup>th</sup> to 8<sup>th</sup> Graders (ages 11 to 14), we offer our Gold program. We build upon our stroke foundations and habits with advanced racing and practice techniques aimed at helping each swimmer reach their personal goals. The high end of this group will focus more on National, Sectional, and Senior Level meets and focus more technical race based training. The lower end of this group will focus more on the Junior Olympic and Regional meets and continue to develop the technique to advance to the high end. Gold swimmers also utilize dryland and cardio training throughout the year as well. Swimmers should make a minimum of 5 to 6 practices per week.

### **High School Clinic: Starting September 5<sup>th</sup> – November 14<sup>th</sup> for this group**

Dates	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9/5-11/17	6:00-8:00	6:00-8:00	6:00-8:00	6:00-8:00	6:00-8:00	7:00-9:00

Open to all high school students who want to gear up for the high school swim season. Participants of this clinic will learn valuable technique drills and receive feedback, while at the same time getting in shape for the upcoming swim season. All participants will be able to participate in CPAL dual meets as well as USA invitational meets, and are encouraged to do so, even if they only participate up until HS season starts. Additional clinics will be available after November 14<sup>th</sup> for a cost of \$50.00 per month.

## *Program Fees*

Group	Total
Beginner	\$386
Novice	\$598
Black	\$791
Gold	\$875
High School Clinic	\$493

**\*Marauder Aquatic Club will work with families that need extra financial help beyond our payment plans listed below. Should extra time be needed to pay, we will work with all families on an individual basis so that all can afford to be a part of our aquatic club.**

### *Registration and Payment information*

1. You are able to register online at [www.marauderaquaticclub.org](http://www.marauderaquaticclub.org) or fill out the information below and mail into the address below.
2. Fill out medical information slip below along with a \$60.00 check per swimmer made out to **Swim Camp** which will go towards your swimmer's USA and CPAL registration, this amount will be subtracted from your total amount, and mail it in.
3. This year you have the option of paying in full, 3-month, or 6-month payment plans. All monthly payments will be due the last day of each month.
4. Sibling Discount: Sibling discount is deducted from program fee of lesser amount. More details are listed on the registration form. **High School Clinic group is not eligible for the discount.**

### **Monthly Payment Breakdown (without sibling discounts)**

Group	Pay in Full	3 month plan	6 month plan
Beginner	\$386	<b>128.66</b>	<b>64.33</b>
Novice	\$598	<b>199.33</b>	<b>99.66</b>
Black	\$791	<b>263.70</b>	<b>131.85</b>
Gold	\$875	<b>291.70</b>	<b>145.85</b>
High School Clinic	\$493	<b>164.33</b>	<b>82.16</b>

Checks made payable to **Swim Camp**  
**Registration and \$60.00 deposit can be mailed to:**

Kyle Almoney  
 Millersville University Athletics  
 164 West Cottage Ave.  
 Millersville, PA 17551

## *Registration Form*

Parents' Names \_\_\_\_\_

Home Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell \_\_\_\_\_

Email: \_\_\_\_\_

Emergency Contact \_\_\_\_\_

Contact Number \_\_\_\_\_ Relationship: \_\_\_\_\_

**SWIMMER #1**

Name \_\_\_\_\_ Age: \_\_\_\_\_ DOB: \_\_\_\_\_

# yrs swimming \_\_\_\_\_ Prior Club \_\_\_\_\_

**SWIMMER #2**

Name \_\_\_\_\_ Age: \_\_\_\_\_ DOB: \_\_\_\_\_

# yrs swimming \_\_\_\_\_ Prior Club \_\_\_\_\_

**SWIMMER #3**

Name \_\_\_\_\_ Age: \_\_\_\_\_ DOB: \_\_\_\_\_

# yrs swimming \_\_\_\_\_ Prior Club \_\_\_\_\_

Group	Total	Sibling Discount *	# per group	Total Amount
Beginner	\$386	38.60		
Novice	\$598	58.90		
Black	\$791	79.10		
Gold	\$875	87.50		
H.S Clinic	\$493	NA		

\* Sibling Discount Applies to the Lower Priced Fee

TOTAL AMOUNT DUE:

\_\_\_\_\_

I choose to pay the full fee at this time

I choose the 3 month payment plan

I choose the 6 month payment plan

***Medical Information***

**(Please fill out and return to Coach Kyle Almoney along with your 60.00 deposit check)**

Does your swimmer have a history of any medical problems or conditions that the coaching staff needs to be aware of? If so explain:

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**Medical Information: Medical Treatment authorization:** I, being the legal guardians of the above applicant authorize the Marauder Aquatic Club and its staff permission to request medical treatment as necessary to ensure the well being of the applicant.

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**(Signature of Parent/Guardian and date)**

Insurance: Coverage for accidental injury is required by all participants. Please complete the health care information below:

**Health Insurance Carrier:** \_\_\_\_\_

**Policy #:** \_\_\_\_\_

I approve of my child's attendance at the Marauder Aquatic Club and certify that he or she is in good health and able to participate in the program's activities. I (am/am not) attaching a statement explaining special limitations and required medications. Please indicate if your child suffers from allergies, asthma, diabetes, restricted activities, etc. In further consideration of the Marauder Aquatic Club accepting this application, I hereby agree to save and indemnify and keep harmless the Marauder Aquatic Club, its coaches and staff against all liability, claims, judgments or demands arising as a result of injuries sustained by the applicant during or as a result of any course given the applicant of the Marauder Aquatic Club.

Signature \_\_\_\_\_

Date \_\_\_\_\_